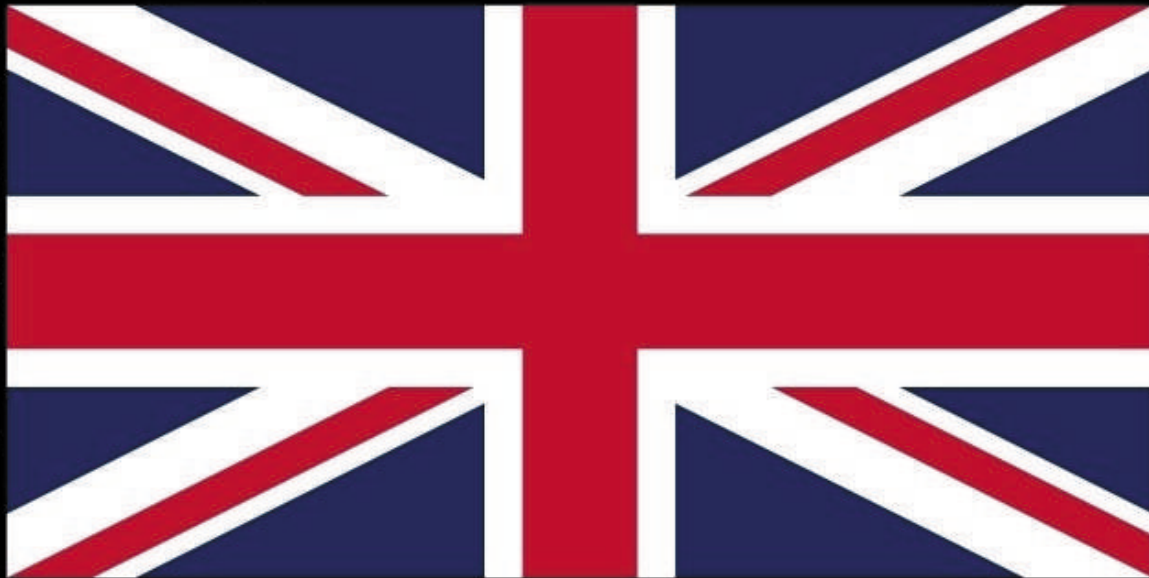


# The Loaf N' Ale

Live Music



Locally Owned

British Pub

Est. 2010

Bread is one of the oldest prepared foods. Evidence from 30,000 years ago in Europe revealed starch residue on rocks used for pounding plants. Pliny the Elder reported that the Gauls & Iberians used the foam skimmed from beer to produce “a lighter kind of bread than other peoples.” Parts of the ancient world that drank wine instead of beer used a paste composed of grape juice & flour that was allowed to begin fermenting, or wheat bran steeped in wine, as a source for yeast.

The term “ale” was initially used to describe a drink brewed without hops, unlike “small beer”, although it eventually came to mean a lightly-hopped drink. Ale, along with bread, was an important source of nutrition in the medieval world, particularly small beer, which was highly nutritious, contained just enough alcohol to act as a preservative, & provided hydration without intoxicating effects. Small beer would have been consumed daily by almost everyone in the medieval world, with higher alcohol ales served for recreational purposes.



## PUB FARE

### CLASSIC BATTERED MUSHROOM CAPS

Served with ranch dipping sauce 12.25

### BASKET OF ONION RINGS

Served with ranch dipping sauce 12.25

### BASKET OF HAND CUT FRIES 8.5

### WAFFLE FRIES

Served with our Loaf's Royal dill dipping sauce 9.5

### SWEET POTATO FRIES

Sweet fries served with our spicy chipotle mayo 9.5

### CLASSIC POUTINE

Hand cut fries topped with cheese curds & gravy 13

### BREADED MOZZARELLA STICKS

Served with warm marinara sauce made in-house 12

### JALAPEÑO POPPERS

Jalapeño pepper halves stuffed with a tangy chili cream cheese in a crunchy breadcrumb crust.

Served with ranch or sour cream 12.5

### DEEP FRIED CHEESE CURD

Served with warm marinara sauce made in-house 13

### BAKED PEROGIES

Cheese perogies baked with caramelized onions, shredded Parmesan cheese & topped with green onions & balsamic glaze 13

### CHEESY GARLIC BREAD

Garlic baked ciabatta loaf topped with a blend of mixed cheeses 9.5



## KETTLE & GREENS

### SOUP OF THE DAY

Made fresh daily using only the finest ingredients 7

### GUINNESS FRENCH ONION SOUP

Prepared with Guinness beer & red wine. Then baked with Swiss until golden brown 9

### GARDEN SALAD

IceBerg lettuce, cucumber, carrot, red onions & tomatoes. Served with house dressing 13

### GREEK SALAD

Romaine, red onions, tomatoes, cucumbers, black olives, fresh mixed peppers & feta cheese. Tossed in our house Greek dressing 15

### NACHOS GRANDE

Corn tortilla chips layered with bruschetta mix, black olives, jalapeños, three cheese blend and topped with green onions. Served with salsa & sour cream 18  
Add chicken or ground beef for 6

### BRUSCHETTA

Fresh ciabatta bun topped with tomatoes, onion, basil, thyme, feta & drizzled with balsamic glaze 12.5

### VEGGIE SPRING ROLLS

Gourmet vegetable spring rolls served with Sweet Thai Chili dipping sauce 12.5

### DEEP FRIED PICKLES

Served with the Loaf's Royal dill dipping sauce 12.5

### COCONUT SHRIMP

Home-style breaded shrimp. Crunchy & sweet inside & out served with Sweet Thai Chili dipping sauce 13.5

### LOAF N' ALE PUB PLATTER

Mix & match 3 different items from the pub fare selection. Excluding double & triple orders of wings 30

### LOAF'S SPUDS

Potato skins loaded with Guinness BBQ sauce, bacon, three cheese blend & topped with green onions 12.5

### BREADED CHICKEN WINGS

Hand breaded wings tossed in your choice of Plain, Smokey BBQ, Mild, Medium, Hot, Xtreme Heat, Honey Garlic, Tequila Lime, Sweet Thai Chili, Hot & Honey, Salt & Pepper, Cajun, Jamaican Jerk or Salt & Vinegar.

Served with one dipping sauce per order  
Single 17 | Double 26 | Triple 44

Add Grilled Chicken 6, Garlic Shrimp 7, Grilled Steak 7

### CAESAR SALAD

Romaine, bacon, fresh grated Parmesan cheese, tossed in our house made Caesar dressing, topped with house made croutons 15

### SPINACH SALAD

Fresh spinach, red onion, tomatoes, cucumber, mushrooms, dried cranberries, roasted almond slivers & crumbled feta cheese served with balsamic dressing 15

### LOAF'S TACO SALAD

Romaine, fresh mixed peppers, red onions, tomatoes, mix cheese, spicy chipotle mayo & served in a tortilla bowl 15

Add taco beef 6





## PUB SHARES

### VEGETARIAN QUESADILLA

12" flour tortilla filled with bruschetta, fresh mixed peppers, roasted corn & three cheese blend. Served with salsa & sour cream 13 **Add chicken for 6**

### SPICY CRISPY CHICKEN QUESADILLA

12" flour tortilla filled with crispy chicken strips tossed in hot sauce, roasted corn, bruschetta, fresh mixed peppers & three cheese blend. Served with salsa & sour cream 19

### BAKED SPINACH DIP

Blend of cream cheese, mozzarella, cheddar, Monterey Jack & spinach. Served with either nacho chips or pita wedges 16.75

### ANTIJITO

Blend of cream cheese, mozzarella, cheddar, Monterey Jack, jalapeño, green onion, roasted red peppers wrapped in a warm tortilla shell. Served with sweet thai chili 16.50

## BETWEEN THE BUN

Served with your choice of fries, baked potato, rice, soup of the day, or garden salad  
Upgrade your salad to Greek, Caesar, Taco or Spinach Salad 4  
Upgrade your side to Sweet Fries, Loaded Fries, Waffle Fries, Loaded Baked Potato, Poutine or Onion Rings 4



### GUINNESS LOADED LOAFER

Homemade beef or veggie patty topped with crispy onion rings, bacon, Swiss cheese & Guinness BBQ sauce 20

### BEEF DIP AU JUS

Thinly sliced roast beef on a fresh ciabatta bun with mozzarella cheese & caramelized onions. Served with a side of au jus 19.5

### CLASSIC REUBEN

Corned beef stacked high on rye bread with sauerkraut, Swiss cheese & Thousand Island dressing 18.25

### MEDITERRANEAN CHICKEN SANDWICH

Oven roasted chicken breast on a fresh ciabatta bun, mixed greens, bruschetta, cucumber, Swiss cheese & basil pesto sauce 18.25

### PHILLY CHEESESTEAK SANDWICH

Thinly sliced roast beef on a fresh ciabatta bun with mozzarella cheese, caramelized onions, mixed peppers, portabella mushrooms & Guinness BBQ sauce. Served with a choice of a side 19.5

### TURKEY CLUB

In-house cooked fresh turkey breast with lettuce, tomato, bacon & mayo on your choice of white, brown or rye bread 18.25

### THE LOAFER

Homemade beef or veggie patty topped with lettuce, tomatoes, onions & pickles Single 17.5 | Double 21  
**Add cheese, bacon or sautéed mushrooms for 2**

### BACON & BLUE CHEESE LOAFER

Homemade beef or veggie patty topped with mixed greens, bruschetta, bacon & crumbled blue cheese 20.5

### ULTIMATE LOAF BURGER

House-made beef or veggie patty topped with a deep fried pickle, bacon, curd & Guinness BBQ sauce 20.5

### VEGETARIAN WRAP

Spinach, tomato, grilled portobello mushroom, mixed peppers & feta cheese drizzled with balsamic or ranch 18

### BONELESS CRISPY CHICKEN WRAP

Boneless Crispy Chicken Wrap Crispy chicken tossed in your choice of mild, medium, hot, tequila lime, honey garlic, BBQ or sweet Thai chili sauce, romaine lettuce, red onions, tomato, mixed cheese & ranch dressing 19

### CHICKEN CAESAR WRAP

Oven roasted chicken, romaine lettuce, bacon, Parmesan cheese & made in-house creamy Caesar dressing wrapped up in a grilled tortilla 18.75

### CHICKEN FAJITA WRAP

Oven roasted chicken, basmati rice, fresh mixed peppers, red onions, salsa & three cheese blend wrapped in a warm flour tortilla 18.75

### DRUNKEN CHICKEN SANDWICH

Fresh chicken breast dredged in beer batter on a ciabatta bun topped with lettuce, tomato, Guinness BBQ & Swiss cheese 19.5



## PUB GRUB

### LOAF'S SHEPHERD'S PIE

Ground beef, corn, onion & gravy topped with mashed potatoes. Served with a choice of a side 19.25

### CHICKEN FINGERS

Lightly breaded chicken fingers served with a choice of a side 18.5

Toss with a choice of wing sauce for 2

### LOAF N' ALE MEATLOAF

Delicious made in-house meatloaf topped with caramelized onions & gravy. Served with mashed potatoes & a choice of a side 19.25

## ENTREE & PASTA

### STIR-FRY

Thick cut fresh vegetables tossed in your choice of Sweet Thai chili, Teriyaki, Coconut curry or Honey garlic. Served on a bed of basmati rice 18.5

Add chicken 6 Add shrimp 7 Add steak 7

### BAKED PORTOBELLO

Portobello mushrooms baked with bruschetta, feta cheese & toasted almonds. Drizzled with a balsamic glaze. Served with a choice of two sides 18.5

### BBQ GUINNESS CHICKEN

Grilled chicken breast topped with sautéed onions, mushrooms, fresh mixed peppers, and baked with mixed cheese and Guinness BBQ sauce. Served with a choice of two sides 21.5

### NEW YORK STRIPLON

Perfectly grilled AAA striploin. Served with a choice of two sides 7 oz 19 • 10 oz 28

Add sautéed garlic shrimp 7

### STEAK & GUINNESS STEW

Tender chunks of AAA beef with carrots, mushrooms, celery & onions on top of mashed potato in a Yorkshire bowl smothered with Guinness gravy. Served with a choice of a side 19.5

### FISH N' CHIPS

Beer battered haddock served with tartar sauce & a choice of a side

Small 19.5 | Large 23.5



### PAN SEARED ATLANTIC SALMON

Pan seared salmon loin topped with a honey dill cream sauce. Served with a choice of two sides 22.5

### PENNE PRIMAVERA

Penne with a basil tomato sauce tossed in mixed peppers, mushrooms, red onion, spinach & garlic, topped with Feta cheese. Served with garlic bread 20 Add chicken 6 Add shrimp 7 Add steak 7

### BAKED CHICKEN ALFREDO

Chicken, bacon, broccoli, mushrooms & red onions tossed with penne noodles & simmered in our creamy Alfredo sauce. Topped with a mix of mozzarella & Parmesan cheese. Served with garlic bread 23.5

### CHICKEN PARMESAN

Lightly breaded chicken breast topped with in-house made marinara sauce & mozzarella cheese served over penne noodles. Served with garlic bread 23.5

### CHICKEN CORDON BLEU

Chicken Breast stuffed with Bacon, Swiss cheese, & finished with a creamy cheese sauce. Served with a choice of two sides 22

STARCHES: MASHED POTATOES, BAKED POTATO, RICE OR FRIES

VEGETABLES: SOUP OF THE DAY, DAY VEG OR GARDEN SALAD

UPGRADED STARCHES: SWEET POTATO FRIES, LOADED FRIES, WAFFLE FRIES, LOADED BAKED POTATO, ONION RINGS OR POUTINE 4

UPGRADED SALADS: GREEK, CAESAR, TACO OR SPINACH SALAD 4

*Please ask your server for our Gluten Free options!*

15% Gratuity will be added to tables of 8 or more





## SIGNATURE PIZZA

### THE LOAFER'S SUPREME

Marinara sauce, mozzarella cheese, pepperoni, bacon & ground beef 19

### CANADIAN PIZZA

Marinara sauce, mozzarella cheese, pepperoni, bacon & mushrooms 17

### VEGETARIAN

Marinara sauce, mozzarella cheese, fresh mixed peppers, mushrooms, feta & balsamic glaze 17

## BUILD YOUR OWN

Marinara sauce & mozzarella cheese 14

### SUBSTITUTE SAUCE

Alfredo Sauce or Basil Pesto Sauce +1.5

### CHEESE

Feta, Cheddar, Fresh Parmesan or Extra Mozzarella +2.25 each

### VEGETABLES

Tomatoes, Green Peppers, Red Peppers, Red Onions, Mushroom, Black Olives, Jalapeno or Broccoli +1.75 each

### MEATS

Pepperoni, Ground Beef, Ham, Bacon or Chicken +2.5 each



## Lil' Loafers

Kids 10 & under, includes drink & ice cream cup.  
All kid's meals are 10

**CHICKEN FINGERS** With fries or vegetables

### POUTINE

**CHEESE QUESADILLA** With fries

**HAMBURGER** With fries or vegetables

Add cheese or bacon +1

**KIDS PASTA** Penne tossed in a butter, tomato or alfredo sauce

**PITA PIZZA** Cheese or pepperoni

**GRILLED CHEESE** With fries or vegetables



# BREAKFAST MENU

## SATURDAY & SUNDAY

9am - 2pm. No substitutions.

### FRENCH TOAST 11

Add bacon, ham or sausage for 3

### LOAF'S HOTCAKES 10

Three stacked hotcakes served with butter & maple syrup 10

Add bacon, ham or sausage for 3

### THE SINGLE EGGER

(1) egg served with choice of bacon, ham or sausage, toast, home fries & coffee or tea 10 Upgrade to peameal add 5

### THE NAPANEE CLASSIC

(2) eggs served with choice of bacon, ham or sausage, toast, home fries & coffee or tea 12 Upgrade to peameal add 5

### LOAF'S ENGLISH BREAKFAST

A full breakfast includes bacon, sausages, 3 eggs, home fries, toast, tomatoes, mushrooms & coffee or tea 17

### THREE EGG OMELETTE

Served with toast & home fries

Plain 10 | Cheese 12

Western Ham, peppers & onions 15

Veggie Peppers, mushrooms, onions & tomato 15

## SANDWICHES & WRAPS

Served with home fries

### LOAF'S BREAKFAST WRAP 14

Two scrambled eggs, cheddar cheese & bacon wrapped in a flour tortilla 14

### WESTERN SANDWICH

Two scrambled eggs, ham, cheddar cheese & onion on white, whole wheat or rye 12

### BLT

Bacon, lettuce & tomato on white, whole wheat or rye 10

### GRILLED CHEESE

Served on white, whole wheat or rye 9

## Breakfast Pairings

### CAESAR COCKTAILS

Glass 7.5 (1oz)

Mini Pitcher 11 (3oz)

### MIMOSA 5

Classic (Orange Juice & Champagne)

Cran-Orange

(Orange Juice, Cranberry Juice & Champagne)

### LOAF COFFEE 8.5 (1oz)

Baileys, Kahlua & Coffee

## Lil' Loafers

Kids 10 & under.

### LITTLE LOAFERS BREAKFAST 7

(1) egg, (1) bacon, or (1) ham, or (1) sausage, (1) toast & a kids juice 7

### LITTLE LOAFERS HOTCAKES

(2) hotcakes & a kids juice 7

### LITTLE LOAFERS FRENCH TOAST

(1) French toast, fruit & a kids juice 7

## LOAF'S EXTRAS

TOAST (2) & JAM 4



# \$16 LUNCH MENU

**MONDAY - FRIDAY**

11:00am - 3:00pm. No substitutions. Dine-in Only. \*Drink Purchase Required

SERVED WITH YOUR CHOICE OF FRIES, MASHED, BAKED POTATO, RICE,  
SOUP OF THE DAY, OR GARDEN SALAD

UPGRADED VEGETABLES: GREEK, CAESAR, TACO OR SPINACH SALAD 3  
UPGRADE YOUR SIDE TO SWEET FRIES, LOADED FRIES, WAFFLE FRIES,  
LOADED BAKED POTATO, POUTINE OR ONION RINGS 4

## SANDWICHES

### **CLASSIC REUBEN**

Corned beef stacked high on rye bread with sauerkraut,  
Swiss cheese & Thousand Island dressing

### **THE RACHEL**

Sliced roasted turkey on rye bread with creamy coleslaw,  
Swiss cheese & Thousand Island dressing

### **MEDITERRANEAN CHICKEN SANDWICH**

Oven roasted chicken breast on a fresh ciabatta bun,  
mixed greens, bruschetta, cucumber, Swiss cheese  
& basil pesto sauce

## WRAPS

### **CHICKEN FAJITA WRAP**

Oven roasted chicken, basmati rice, fresh mixed peppers,  
red onions, salsa & three cheese blend wrapped in a  
warm flour tortilla

### **BONELESS CRISPY CHICKEN WRAP**

Boneless Crispy Chicken Wrap Crispy chicken tossed  
in your choice of mild, medium, hot, tequila lime,  
honey garlic, BBQ or sweet Thai chili sauce,  
romaine lettuce, red onions, tomato, mixed cheese  
& ranch dressing

## PASTA

### **PENNE BOLOGNESE**

Rich Bolognese over Al Dente Penne Noodles.  
Served with garlic bread

## BURGERS

### **LOAFER BURGER**

Homemade beef patty or a veggie patty topped  
with lettuce, tomato, onion & pickle

### **LOAF'S CHICKEN BURGER**

Grilled chicken breast topped with lettuce, tomato & mayo

### **CRISPY BEER BATTERED FISH BURGER**

Loaf's beer battered haddock fillet served on a potato  
scallion kaiser topped with a made in-house tartar  
sauce, lettuce & tomato